



The Incredible Years is coming to the CPA and West Bedford Family of Schools!

The Incredible Years is a 12-week parenting program that focuses on improving social and emotional skills, and reducing behaviour problems in children between 6 and 12 years old. All parents and guardians of **West Bedford School, Basinview Elementary Community School, Bedford South, Rocky Lake, Sunnyside, Kingswood Elementary, Hammonds Plains Consolidated and Madeline Symonds Middle School** students are welcome to participate.

Cost: The Incredible Years is free.

Where: Basinview Drive Elementary Community School

When: Wednesday from April 3rd to June 19th, 2024

Time: 3:15-4:45PM *coffee/tea provided before and during the sessions

Registration: <https://forms.gle/8mg2R7sBinzxBmfd8>

if you have any questions, please contact a facilitator:

Megan Tobin, SchoolsPlus Facilitator, CPA Family of Schools, (902) 240-1148,

Krista Smith, SchoolsPlus Community Outreach Worker, West Bedford Family

Family of Schools, (902) 456-3533, **Emma Morse**, SchoolsPlus Community

Outreach Worker, CPA Family of Schools, (902) 399-8326

