



50 Broad Street
Bedford, NS B4A 0T4
902-405-0337, wbs@hrce.ca
Principal: Susan Casey Vice Principals: Alison Birdsall, Courtney Smith

Monday, October 5, 2026

Dear West Bedford School PP-6 Families,

I would like to reinforce the messaging that was in last week's Monday Memo so can work together to ensure our campus remains a safe, respectful, and supportive environment for every child. Engaging in disrespectful interactions with staff is not needed and is not acceptable. Let's work together to keep all of our children safe at WBS!

Safety and Respect on Campus

- 1. Visitor Guidelines:** For child safety, parents and visitors must not stay on school grounds during the day. Do not stand outside or watch children during recess and lunch. You may only come on school property to drop off or pick up your child, or for a set meeting. Always check in at the main office first. Taking photos or videos of children at school is not allowed.
- 2. Parking Expectations on property:** Do not park, stop, or wait at the back of the school or in blocked areas. You must park only in marked visitor spots in the lower parking lot, unless you have a PP parking pass. Follow all instructions given by school staff. You must treat staff with respect at all times. If you park in blocked areas or treat staff poorly, you may lose access to drive on school grounds.
- 3. Cafeteria Expectations & Supportive Scaffolding:** This week, students in Grades 5 & 6 had two days of sitting at their assigned tables. This is allowing our staff to provide direct support and guidance as students practice meeting our shared standards.

Lunchtime Expectations:

- **Listen respectfully:** Follow directions from supervising adults promptly.
- **Stay seated:** Remain seated at assigned tables for the 25-minute eating period.
- **Respect shared spaces:** Keep tables and floors clean by putting all trash in the bins and keeping food on plates.
- **Mindful voice volume:** Use inside talking voices to maintain a calm, pleasant dining atmosphere.

We appreciate your help in discussing these positive habits at home so we can continue creating a calm, secure, and joyful school environment for everyone.

Kindly,

Susan Casey, Principal

Important School Information & Updates

School Advisory Council (SAC) Membership

The voting for the parent/guardian representative took place last week. Thank you to everyone who placed their votes and to those who put their names forward for consideration. We are pleased to announce the following two candidates will serve as parent/guardian representatives on our SAC: Neil Parsons and Allison Lenihan. Our next SAC meeting is on Tuesday, October 20, 2026 at 7pm in our seminar room

Home and School

The next Home and School meeting will be held on Tuesday, October 20th, 2026 at 6 pm in the school's seminar room.

Picture Re-takes: Picture retakes will be held on Monday, October 19th, 2026.

Information from our SchoolsPlus Team



**Schools
Écoles Plus**
NOVA SCOTIA / NOUVELLE-ÉCOSSE

What is SchoolsPlus?

SchoolsPlus is a confidential, free service available in every school in Nova Scotia. Our goal is to build positive relationships between families, schools, and communities.

Manage complex situations

Sometimes students and their families are already connected to many services, but still need help managing it all. Our Facilitators offer comprehensive case management support to ensure everyone involved is communicating clearly and families are receiving the best support possible.

Connect with us!

Parents, guardians and students (12+) can self-refer to SchoolsPlus - 12 months a year! Just contact the SchoolsPlus Facilitator at your school.

West Bedford FOS

Megan Tobin
SchoolsPlus Facilitator

Amy LaPlante
Community Outreach Worker

📞 902-240-1148
✉️ megan.tobin@hrce.ca
🐦 @HRCESchoolsPlus

 **Halifax**
Regional Centre for Education

Resources & support

We can connect students and their families to resources and supports, such as:

Recreation

Help finding and applying for rec programs or related funding.

Tutoring

Help understanding and accessing tutoring supports.

Food supports

Help accessing food banks and other local food supports.

Health & wellness

Help navigating healthcare systems.

General support

Help completing paperwork and applications, as well as transportation and accompaniment to appointments.

Upcoming Dates

- **October 12:** Thanksgiving (**No School**)
- **October 19-** Picture re-take day
- **October 23:** Provincial Conference Day (**No School for Students**)