

WEST BEDFORD



ELEMENTARY

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Bedford, NS B4A
0T4

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Principal: Susan Casey

Vice Principals: Jacinta Heckman
: Joanne Treen

Monday, April 27, 2026

Dear WBS Families,

There is a lot of new info in this week's Monday Memo. Please read thoroughly so that you do not miss some of the exciting events that will be happening at WBS in the coming weeks.

Spring Time: With the warmer weather comes the resurgence of ticks and head lice. Please try to do daily tick checks with your child and a weekly head check for lice.

Ordered Lunches: Please remind your child/children to pick up their lunch order (if you have placed orders for them). We have seen an uptake of lunches not being picked up, which creates a lot of food waste.

Proposed Boundary Changes: This week the HRCE shared information with families around proposed boundary changes for the 2026-2027 school year. To accommodate growth in our area, a boundary change would point children who live at the addresses below to Kingswood Elementary who fall into the following categories:

- Effective September 2026, Pre Primary and Primary children attending school for the first time who live at these addresses would attend Kingswood Elementary.
- Students who move into this area, regardless of grade level, would attend Kingswood Elementary.
- Families who live in this area and have children of any age who attend WBS would have the option of sending their children to Kingswood as of September 2026.

The revised list of impacted addresses include:

- BELLE ST 2-10, 1-11, 12-38, 13-37
- BENTRIDGE WAY 2-44, 1-45
- BLOOM LANE 2-50, 1-49
- BREAKTRAIL DR 2-32, 1-33, 34-86, 35-87
- BRISTOLTON AVE 2-64, 1-65, 66-100, 67-99

- *BROOKLINE DR 1-19, 33-63, 2-18, 20-30, 21-31, 32-44, 46-62, 64-72, 65-73, 74-106, 75-107, 108-138, 109-139, 140-172, 141-173, 174-186, 175-187, 188-206, 189-207, 208-252, 209-253, 254-348, 255-349*
- *BROWNSTONE WAY 2-114, 1-115*
- *CACHE CL 2-32, 1-33*
- *CAIRSTONE LANE 2-110, 1-109*
- *COLINS RD 2-120, 1-121, 122-160, 123-159*
- *ELIZABETH DOANE DR 2-104, 1-105, 106-142, 107-143, 144-204, 145-205*
- *ELLA LANE 2-50, 1-49*
- *HELEN CREIGHTON CRT 2-64, 1-65*
- *KEARNEY LAKE RD 362-466, 468-478*
- *LARRY UTECK BLVD 1160-1228, 1230-1386*
- *NATURES CL 2-64, 1-65*
- *PALADIN LANE 2-70, 1-69*
- *SHIRLEY ELLIOTT CRT 2-92, 1-93*
- *TALUS AVE 2-118, 1-119, 120-290, 121-289*
- *TERRAIN WAY 2-16, 1-15*

The HRCE would like to hear from you: Your perspective matters. Please take a few minutes to share your input anonymously on ThoughtExchange by April 30, 2026, using the prompt below.

As we plan for this change for September, what do you want us to know?

[Click here to get started](#)

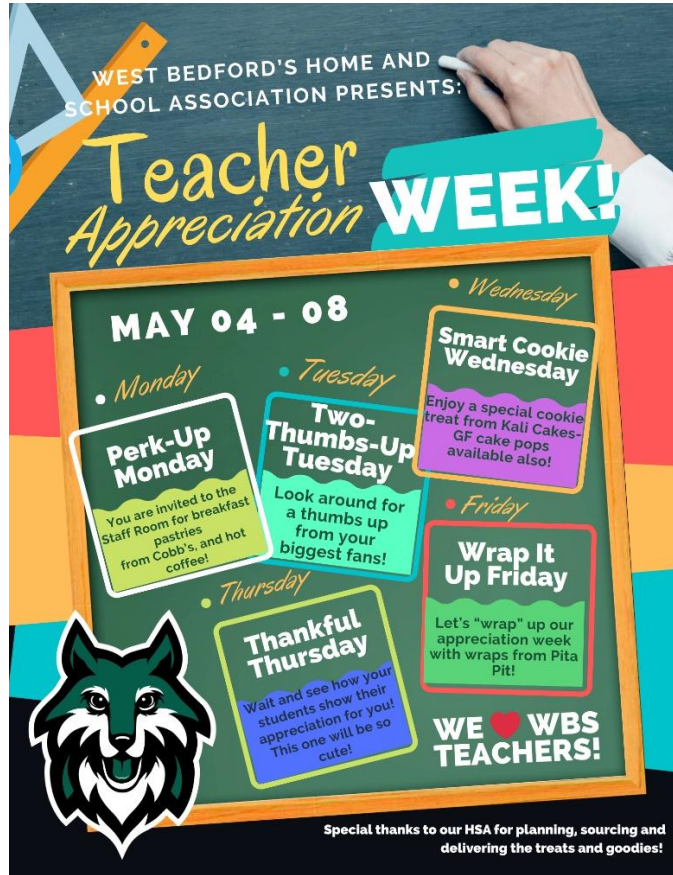
Thank you for taking the time to participate. What we hear will help guide decisions about possible changes intended to reduce enrolment pressures. We'll share an update on next steps in the coming weeks.

To learn more about growth in HRCE, [visit this page](#).

Sincerely,
 Steve Gallagher
 Regional Executive Director
 Halifax Regional Centre for Education

Home and School Events:

1. Staff Appreciation Week: May 4 to May 8th



2. **SAVE THE DATE:** WBS SPRING FLING is on Saturday June 6 from 11 to 2 pm

2a. **RAFFLE BASKETS:** This year we will be having raffle tickets on sale for some amazing, themed baskets.

To make this happen, we are putting out a call for donations towards these baskets. Please find your child's grade level below and if possible, send in an item for the raffle basket. Items should be new and unused. Gift cards that fit the theme are welcome too!

We will be accepting items at the school between May 4th to May 22nd

Grade Level	Theme
Pre-Primary & Primary	The Creative Studio Basket- Arts and Crafts
Grade 1	The Sweet Indulgence Basket- Snack/Candy/Treats
Grade 2	The Ultimate Movie Night Basket- can be for a movie night at home or to go to the movies
Grade 3	Game Night Fun Basket- indoor games (playing cards, checkers, board games, dominoes, etc)
Grade 4	Summer Fun & Adventure Basket- outdoor

	toys and games (bubbles, skipping rope, chalk, marbles, jacks, etc)
Grade 5	Baking Delight Basket- baking items
Grade 6	Relaxation Retreat Basket- Spa & Bath items

2b. **CUPCAKE WALK:** Call out for cupcake donations for our Spring Fling Cupcake Walk (Always a crowd favourite!); We will be accepting cupcake donations ahead of June 6- date and time will be announced in the weeks to come.

2c. **SPRING FLING VOLUNTEERS NEEDED!** To make our spring fling run smoothly we need the support of many hands. An **electronic sign up will soon be available** for folks to sign up to help. Stay Tuned!

To learn more about the spring fling, please attend the **May 19th Home and School SPRING FLING PLANNING meeting from 6-7 pm in the WBS cafeteria.**

Mental Health Week: May 11–15: During Mental Health Week, we will spend time learning about how important it is to take care of our minds, just like we take care of our bodies. Mental health is about our thoughts and feelings, and this week students will practice noticing what is happening inside their minds and hearts. We will also explore how our five senses can act like superpowers to help us calm down, focus, and better enjoy the world around us. Students will learn how connecting with others—such as friends, family, and classmates—helps us feel supported and happy. We will also take time to reflect on gratitude and the things in our lives we appreciate. This week is all about building self-awareness, strengthening relationships, and growing strong both inside and out.

Library Corner: Coins for Books Campaign- WBS came in third out of 38 schools. We raised \$2639 and with the supplements from Tattletales we have \$3430.70 to spend on books for our library.

Looking Ahead: Transition Planning

- **Moving to Grade 7 Sept. 2026?** WBH will be hosting a family info session/school tour for students on Wednesday, May 13th from 6-7 pm in the cafeteria.
- **Welcoming our New Primaries:** For our newest learners joining us in September 2026, we will be hosting a Parent/Guardian Information Evening Wednesday, June 3, 2026 from 6-7pm in the cafeteria. This meeting is for adults only.

May 15 is Black Excellence Day- Black Excellence Day 2026 in Nova Scotia is an opportunity for schools to reflect on the learning and exploration of Black people and culture over the past year. It recognizes, celebrates, and supports learning from the achievements, contributions, and leadership of Black individuals and communities. More than a single-day celebration, Black Excellence is the recognition of meaningful steps toward strengthening inclusive learning environments where all students see themselves reflected in curriculum materials, through the stories we tell and the histories we honour.

The purpose of celebrating Black Excellence in our schools and classrooms is to affirm

student's identities, build confidence, and inspire futures by highlighting role Black people have made in education, science, arts, leadership, and community advocacy. It reflects and celebrates thoughtful conversations in schools about equity, representation, and the ongoing work to remove systemic barriers.

This moment of reflection also invites educators and school communities to consider how Black Excellence is represented within their own classrooms and learning spaces. For some, this may affirm intentional work already underway; for others, it may serve as an opportunity to begin or deepen this practice. Black Excellence Day reminds us that this work is ongoing, and that there is always time to plan, reflect, and be deliberate in ensuring all students see themselves meaningfully reflected in our schools.

We welcome everyone to wear a black shirt, if you're able, on May 15 to show your support for Black Excellence Day!

Unplugged Webinar on Smartphones, Social Media and More-

Unplugged Canada is hosting a LIVE webinar on May 6 every parent and caregiver needs to hear. We're talking smartphones, social media, the research — and most importantly, what we can do about it.

Hosted by Kirsten Sweet, educator and National Program Director with Unplugged Canada with Tania Johnson, Co-founder of the Institute of Child Psychology and Dr. Michele Locke, Clinical Psychologist, learn about the impact of smartphones and social media on youth and how the Unplugged Canada Pledge and our resources can spark meaningful conversations in your home, school, and community.

We'll also introduce two new initiatives: the National School Champion Program and Operation Landline — a summer campaign helping families delay smartphones and reconnect in simpler, more intentional ways.

Come ready to learn, connect, and be part of the movement. Register [here](#).

Screen Free Summer: Digital Diet Guidance

As summer approaches, many families are thinking about screen time. This article introduces the idea of a “digital diet,” encouraging a focus on the quality and purpose of screen use rather than just limiting it. It offers practical ways to help children build healthier, more balanced habits with technology. Read more [here](#).

Access Awareness Week - May 31 to June 6

Access Awareness Week in Nova Scotia, taking place May 31–June 6, 2026, is an opportunity to recognize the importance of accessibility, inclusion, and the leadership of people with disabilities. This year's theme, “Disability Justice: Stronger Together, First Voice Leading Change for Collective Action,” emphasizes the importance of centering lived experience and working collaboratively to create meaningful, lasting change.

In schools, this week is a powerful reminder that inclusion is everyone's responsibility. Classrooms are where understanding begins — through learning, conversation, and action. By listening to diverse voices, removing barriers, and fostering accessible learning environments, educators and students help build school communities where all learners feel valued and supported.

Upcoming Dates

(New items will be added as they are confirmed)

April

- **Wednesday, April 29:** Professional Development Day (**No school for students**).

May

- **Week of May 4-8:** Staff Appreciation Week sponsored by our Home and School
- **Week of May 11–15:** Mandatory Fire Drill #5.
- **May 13-** Gr. 7 Info session and tour for next year 6-7 pm hosted by WBH
- **May 13 & 14:** Grade 3 Provincial Assessments (Literacy).
- **Monday, May 18:** Victoria Day (**School closed**).
- **Tuesday, May 19:** Home & School **SPRING FLING PLANNING Meeting (6:00–7:00 PM)**; SAC Meeting (7:00–8:00 PM) in the Seminar Room.
- **May 20 & 21:** Grade 3 Provincial Assessments (Math).

Important dates to remember in May

- May is Asian Heritage Month
- May is Canadian Jewish Heritage Month
- May is Polish Heritage Month
- May is Speech and Hearing Month
- May 5 is Red Dress Day
- May 10-16 is Education Week
- May 15 is Black Excellence Day
- May 17 is International Day against Homophobia, Transphobia and Biphobia
- May 18 is Victoria Day (No classes - all schools)
- May 31 to June 6 is Access Awareness Week

June

- **June 3-** Parent/Guardian Info Session for 2026 Primary students 6-7 pm
- **Friday, June 5: Spring Fling Set up 6 to 8 pm**
- **Saturday, June 6:** Home & School **SPRING FLING 11 to 2 pm!**
- **Thursday, June 25:** Grade 6 Closing Ceremony (9:00-11:00 AM; doors open at 8:45 AM).
- **Monday, June 29:** Assessment & Evaluation Day (**No school for students**).
- **Tuesday, June 30:** Last Day of School.